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COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

Oct 2012



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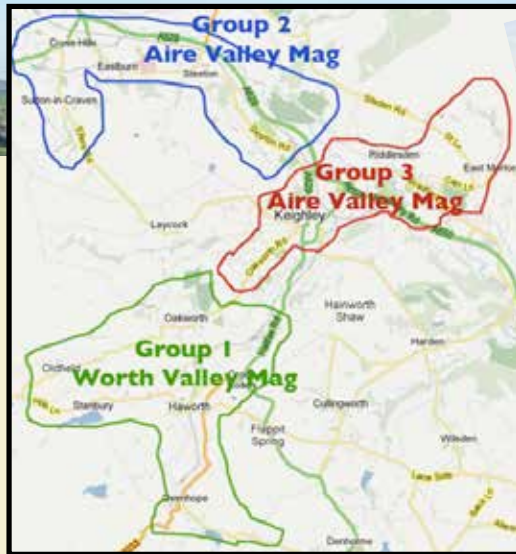
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Group 3 Keighley, Riddlesden, East Morton, Long Lee, Fell Lane, Exley Head

Contact Us:

Office: **01535 642227** Email: info@worthvalleymag.co.uk
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Welcome to this, the first edition of the new Aire Valley Mag, the publication that includes the communities of Exley Head & Fell Lane, Long Lee, Keighley centre, Riddlesden and East Morton. It joins our sister publication, The Worth Valley Mag, established in 2006, the first independent community magazine published in the area and produced by local people.

As a community magazine we aim to amplify things that are noteworthy in the Aire & Worth Valleys and reflect the interests and achievements of residents. All in all, our publications reach 20,000 households in the Worth & Aire Valleys over three editions.

One key component in creating a successful and valued community magazine is the involvement of local people. Our contributors live and work

in the area and are involved in the community.

We put money back in to the pockets of local people by hiring our own local team to distribute the magazines. When you choose to use one of the community mag advertisers, you are choosing to support the local economy. Do let them know you found them in the Aire Valley Mag, they will appreciate it!

We hope the message is coming through loud and clear...The Aire Valley Mag is Local, Local Local!

Let us know if you have ideas for shaping the content of these pages. We welcome your contributions. Contact us on 01535 642227 or mail@worthvalleymag.co.uk



Liz Barker, editor

Have a great October!

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Developing Good Study Habits

Your children spend many hours learning in school each day, but the time they spend at home doing home work is just as important to develop their skills and build confidence in subject areas. By helping your children learn and practice good study habits at home, you'll do a lot to help them succeed in school.

Have a set time to study: The key is to have a routine and to stick to it. Whether it's as soon as you get back from school or after tea, having a fixed time helps children to focus and avoids confrontation or arguments.

Take a breather with a snack, drink and exercise: Allow regular breaks in study when your child first gets homework. It's particularly difficult for young learners to concentrate for long periods of time so get them to work in 5 or 10 minute bursts with a 5 minute break for a drink and a chance to move around. Getting them to do something physical can really boost their learning.

Create a space for study: If possible make a space where your child can work. It might be a tray that folds away or the kitchen table but even if it's only a space under the stairs (no Harry Potter jokes here) it's great for learners to have a regular spot.

Turn off the distractions: Turn off televisions and music and turn them down if another member of the family is watching or listening in another room. We all think we can work with music on in the back ground but studies have shown this is

not true.

Encourage responsibility: It is important for their future studies that your child starts to take responsibility for their own study time. Thinking ahead to get extra resources from school or the library.

Encourage children to look at opportunities to learn outside the classroom. Museums, libraries and visitor centres have resources that can support learning and that's not just history!

Make lists: Try and make a timetable of regular homework and specific tasks which can be displayed in a prominent place. Then tick off and celebrate the tasks as they are completed.

Keep a watchful eye: Try and keep on top of what your child has to do let them take responsibility and try not to crowd them out but talk to them about were they are up to.

It's good to talk: Many parents find that helping a child with home work gives them an opportunity to spend extra time with them, but don't suffer in silence. If your child struggles with their homework why not try and speak to the class teacher or a subject specialist who would be more than happy to support your child's learning.

Alan Bentley Owner and Lead Consultant
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The Oaks Day Care Centre in Keighley was awarded a Silver Gilt in the Yorkshire in Bloom competition 2012. Keighley town mayor, George Metcalf, and his wife Nanette, visited the centre on its open day, Sept 26th, and had the pleasure of presenting the award to Audrey Greenwood, a representative of the centre's popular gardening club, on behalf of Yorkshire in Bloom.
The Oaks is a facility that can be utilised by residents in the community who are referred by their GP, occupational therapist, physiotherapist or other care providers. It delivers support, social interaction, and 6 hours of respite care at a time.

Airedale Business Growth Conference

Bradford Kickstart is a business support programme run by Bradford Council. It is open to everyone living, trading, or planning to trade anywhere in the Bradford District. The programme employs 11 Enterprise Coaches to cover the whole of the Bradford District, and these coaches work on a 1 to 1 basis with clients, helping them to develop their business ideas and reach the goals they set themselves. The Coaches are community based and work with existing businesses as well as those who are looking to start.

The reasons businesses use a coach vary, but often they are looking for an objective person to help them plan their business growth. This might involve business planning, help with recruiting staff or looking at ways of attracting new customers and increasing sales. For all businesses, whether they are 1 person just starting out, or a multi-million pound international business, creating a loyal customer base is their number 1 priority, and that will include attracting new customers, whilst at the same time ensuring that their existing customers are delighted with their service, and that's before they get started on the day job!

One of the most effective ways that businesses can increase their profile and start to attract customers is to forge links with the wider business community, and one of the best ways of doing this is through business networking. While there are a number of very effective business networking organisations, many of the Enterprise Coaches will hold occasional events to introduce local businesses to one another and encourage them to trade amongst themselves.

The 3 Airedale Coaches are holding one such event on the 19th October. The Airedale Business Growth Conference will be held at the Mercure Hotel in Bingley on **Friday 19th October 11.30-2pm**. The Conference will provide a unique opportunity to find out what support is available to businesses within the Airedale area, as well as providing unlimited networking opportunities. The event is free to all sizes and types of business, and a buffet lunch is included.

The programme will include speakers from the Business Support programmes as well as information about Apprenticeships and Bradford Council's procurement process.

This two and a half hour conference is a comprehensive introduction to the support available to your business, whether you have just started, need help to survive or are looking to grow. You will have the opportunity to meet with the coaches if you would like to, gather information, or just get to know your business neighbours. Who knows, you might even meet your new best customer!



Enterprise coaches Rav, David & Candy are available to help!

To book your place, please go to: <http://airedalegrowthconference.eventbrite.com/> Or contact rav.panesar@bradfordkickstart.com
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Sloe Gin

Sloe gin is just the thing for warming up cold days, but you have to think ahead and make it now so the rock-hard, purple-black fruits have time to flavour the gin. Your gin isn't ready until the colour resembles a decent Beaujolais.

The recipe

Prick your sloes, about 450g, with a needle or freeze them and bash with a heavy weight.

Tip them into sterilised bottles, the fruit coming a third of the way up. Divide 350g of caster or granulated sugar among them then top up with gin or vodka. It will take about 750ml.

Place the sealed bottles somewhere cool and dark. Leave for 8-10 weeks, turning the bottle occasionally, giving it a shake every week.

The Trick

The hardest part of making sloe gin is keeping patient while it mellows. Well, that and finding enough sloes. Take pleasure in pricking each berry with a needle in several places then dropping them into a bottle with sugar and gin. Some like to freeze



the sloes in a plastic bag then bash them hard with a hammer or rolling pin. It is an effortless, kind-on-the-thumb way to get the best out of your hedgerow booty, though I much prefer the slow, non-violent way. Sloes are notoriously evasive. And to be honest, you are lucky if you can find them! Forage for your own or try local farmers' markets.



The twist

Yes, warming in a glass, but have you ever thought of using sloe gin

in the kitchen? Even a tablespoon will add fruit depths to everything from gravy for game birds (pour it into the roasting tin and stir over a high heat to dissolve all the roasting debris into the gravy) to a major injection of flavour to a fruit crumble. Try it with plums or – best of all – with blackberry and apple.

Not a gin type? Then use vodka.
:) NS



Early September brought fair weather for a few hours while the community gathered in Oakworth for an afternoon of cricket in aid of Sue Ryder Manorlands Hospice.



COMMUNITY CRICKET

"I was absolutely thrilled with how the day went. My deepest thanks go to all of the teams, the many spectators who made the effort to come along, Oakworth Cricket Club for making their facilities available, the Manorlands volunteers for providing the barbecue and Acorn Stairlifts for sponsoring the magnificent trophy for the winners. They all did an excellent job. Most importantly, I believe many new friendships were forged which I hope will last long into the future. It has been agreed that this will now become an annual event and, next year, we hope to have even more teams and even more spectators getting involved throughout the day." Kris Hopkins MP Keighley & Ilkley

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The Willow Tree

Back in business, Riddlesden's traditional local pub



The Willow Tree in Riddlesden re-opened on 26th May 2012 with Charlotte & Sean Cassidy welcoming both customers old and new. Charlotte has a lot of experience in the licencing trade with cask ale's being one of her specialities, along with this knowledge and both their gregarious personality's they are making The Willow Tree a great local.

You will always receive a warm welcome when entering this picturesque public house even if it's just for a quick drink or a bite to eat. The kitchens winter opening time are Thursday to Saturday evenings between 5-8pm, Sundays 12-4pm offering customer a homemade meal or just a quick snack.

On nice day's you can enjoy a drink sitting outside listening to the stream that's flowing by the side of the pub while taking in the peace a quiet of the village. If it starts to turn chilly you can snuggle up in the lounge area in a warm and friendly atmosphere or if you fancy a game of pool then why not

head to the bar where they are currently offering customers free pool.

The Willow Tree offers the perfect setting to stop off for a drink or even a bite to eat while out for a stroll on the nearby moors. Couples find the general atmosphere romantic and worthy of a visit.

When looking to hold a function why not give The Willow a try; they offer a private function room or even the use of the lounge area, the choice is yours.

New winter opening hours:

Monday to Wednesday	16:00 till 22:00
Thursday to Friday	15:00 till 22:00
Saturday	12:00 till 24:00
Sunday	12:00 till 22:00

Call in and introduce yourself to Charlotte and Sean; they are pleased to meet local residents and visitors alike. You can follow The WillowTree on Facebook - willowtree Riddlesden or twitter @willow tree. Or you can email them on willowtree2012@hotmail.co.uk.

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Known for their high standard and quality of productions Keighley Playhouse witnessed an unprecedented 'house full' signs for eight performances for Calendar Girls.

The much loved and poignant play opened the Keighley Playhouse season to tremendous applause and just like the real-life Calendar Girls the theatre raised some money for charity.

Frank Craig who runs the Bradford & District Branch for Leukaemia and Lymphoma Research happily accepted a cheque for £1,260.50 from the Keighley Playhouse. Frank said, "I would like to thank the kind generosity of the audience from the Keighley Playhouse who dug deep into their pockets during these austere times and showed their support for Leukaemia and Lymphoma Research. This money will go a long way into investing quality research to bring assistance to patients in beating blood cancer."

The Keighley Playhouse Calendar Girls; Gilly Rogers, Debbie Park, Sheila Kershaw and Nikki Barrett reunited at the theatre after the week's run and were delighted to hand over the money.

Frank added, "The outlook for patients with leukaemia is much better now than it was many years ago thanks to the money raised with such projects as Calendar Girls. The Keighley Playhouse has raised the bar in donating money for local and national charities. With the help of supporters of the theatre to fund our life-saving research we are determined to give every patient with leukaemia and lymphoma the best possible chance of survival."

Donations for Leukaemia and Lymphoma Research can still be accepted and if you would like to get involved then please email frankandcathy@btinternet.com or telephone 0113 2552 108 for further information.

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To blog or not to blog?

by Michelle Thompson, CloudFreeIT

Allegedly there's 60 million+ WordPress blogs on the web today, so along with blogs on other 'blogging' platforms (e.g. Joomla, Drupal, Tumblr, Posterous etc), there could be zillions of blogs out there! Many are created and forgotten, or are so boring that they serve no purpose (see www.number10.gov.uk). Some grow massive followings, receiving a huge amount of attention in the media. Google 'Belle de Jour', the blog which formed the basis for TV's 'Diary of a Call Girl', to see what I mean (not when the kids, or Granny, are around though!).

Your typical 'Blogger' might be a:-

1. Person maintaining a weblog of valuable, interesting, controversial or just plain entertaining content (see www.stephenfry.com/blog or check out www.creativetourist.com for 'Top 25 Arts & Culture blogs'), or
2. Dull individual with an unhealthy dose of self-interest, who wants to show off pics of rude shaped root vegetables he grew this summer (I won't encourage such puerile nonsense by naming names), or
3. Self-obsessed D-Lister/'wannabe' who microblogs (brags) at every opportunity how much free #Bolly they blagged at #ChinaWhite last Friday, posting pics to promote her 'ample talents' in the hope of securing:
 - a. a walk-on part in #EastEnders
 - b. a double-page spread in #Zoo or #FHM magazines, or
 - c. an OK wedding special for their forthcoming, but probably very short-lived, marriage to a 3rd Division one-legged footballer with nice hair. You can spot

them a mile off due to over-use of 'hash tags'* on social media sites. Types 2 & 3 clutter up the web with utter drivel, so I call upon you, dear reader, to re-dress the balance. Share your thoughts and creativity (no root veg please) with the world through blogging. Even absolute beginners can DIY for free, and it really does only take a few minutes to set up. I tried it one evening last week using www.webnode.com. Follow instructions on screen:-

1. Choose a name for your site. I called mine 'Shell's World' (a work in progress and not ready for public viewing yet!). Provide your email address and your choice of password. Use these as your login details later for adding content to your blog.
2. Activate your account by clicking on the link in the welcome email you'll receive.
3. Choose a layout & colour scheme template (you can modify this later).
4. Log into the Content Management System (CMS) and start blogging!

If you're at all daunted, just remember this... If you 'Facebook' or 'Tweet' you're already a microblogger, anyway. Building your own blog site is just the next step. Get a few visitors who like your blog to tell others. Build yourself a following and, if you're canny, money can be made from selling advertising space (or selling your creations via your blog site).

*Putting a # in front of a word or phrase apparently helps internet search engines pick up on what's 'trending'. 'Trending' is what happens when pictures of #semi_naked_royals are published!

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Young Writer's event will be no exception.

The performance is based around the theme "Will the Future Have Leaves?" and explores big questions such as "What will the future be like?" and "What will happen to nature in the years to come?" These questions are increasingly important in a world where industry and technology seem to be growing in power ever more rapidly, often at the



Will the Future have Leaves?

Ilkley Young Writers The Bandstand on The Grove, Ilkley.

Saturday 6th October, 2-3pm FREE

The Ilkley Young Writers are a group of 15 talented teenage writers aged 12-17 with a passion for poetry and prose who meet on a weekly basis to write and are inspired by each other's work. The group has previously been involved in many writing projects, most notably the Stanza Stones Poetry trail with Simon Armitage, which was a great success with some really innovative resulting performances. Now experienced performance poets, the group has taken part in the Stanza Stones Showcase and events at Ilkley Playhouse, amongst many more. Many of our members were also shortlisted for the Poetry for Peace Prize.

On Saturday October 6th 2012 the group will be showcasing their talent at an Ilkley Literature Festival Fringe event, as part of the annual Ilkley Literature Festival, a prestigious programme of events which this year includes appearances from household names such as Benjamin Zephaniah and Michael Palin. The Fringe events are free, fun and exciting and the

expense of nature, as evidenced by the decreasing area of rainforest. Many of the pieces that the Group have written explore these ideas with the theme interpreted in lots of ways, incorporating a wide range of distinct and varied poetry and prose. As well as spoken word, there will be a musical element to the performances.

The event will take place on the Bandstand in the centre of Ilkley, as it seems fitting to base a performance themed around nature outdoors (although alternative arrangements will be made in case of adverse weather conditions!). The free event promises to be a dynamic outdoor poetry and prose show case from a talented teenage writing group and an imaginative and artistic show suitable for all ages.

Sam Fletcher from Ilkley Young Writers commented: "We've been developing much creative and thoughtful work for this event, and we'd really love to see lots of people there so please come and enjoy our performance!"

www.ilkleyliteraturefestival.org.uk/ / @ilkleylitfest

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Sudoku

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3		8	5	7				9
				6		8	7	
		9				6		
2					1		3	
	6		2					
9			2					
5		4	3			7		
			6			9	5	

2						5		
	4				6	1	2	
	8	1			5			
		6		8				
7			6				8	
					7	4		6
	9		5					4
4	7		8		3		5	
	6	3	4	1				7

A sudoku puzzle consists of a 9 x 9-square grid subdivided into nine 3 x 3 boxes. Some of the squares contain numbers. The object is to fill in the remaining squares so that every row, every column, and every 3 x 3 box contains each of the numbers from 1 to 9 exactly once.

BEHIND THE SCENES AT THE MUSEUM

by Jenna Holmes



Simon Warner's series of films, displayed on miniature screens and as projections throughout the rooms of the Parsonage, record encounters with natural features, vegetation and the elements



Still photo taken from Simon Warner's video

on a series of walks towards Withins Height over the year of his residency. His films bring the landscape that so inspired the Brontës back into their former home. The miniature scale of the works echo the Brontës' great imaginative kingdoms contained within the pages of tiny books. Top Withins – and its associations with Emily Brontë's *Wuthering Heights* – holds particular prominence in the exhibition. Its mythic status and remote wild location has inspired generations of artists, photographers and writers, and the exhibition documents its progressive ruination during the twentieth century, seen through the



Sketch of *Wuthering Heights* by Sylvia Plath

lenses of early photographers as well as loans of major works by Fay Godwin, Bill Brandt, Alexander Keighley and Sylvia Plath. The earliest photographs from the Parsonage archives date from around 1895, when the farm was still inhabited. Historian Steven Wood has written a new essay for the exhibition catalogue which documents the history of the Withins farm settlements from the 1500s. All of this fascinating material has been brought together for the first time, capturing the significance of the wild and visceral landscape of Haworth moor.

The Brontë novels are intimately connected with the landscape of the South Pennines, especially the unique moors and heaths that characterise the Worth Valley. So when the Watershed Landscape Project was announced [a three year programme which seeks to tell the story of the South Pennine uplands through projects and commissions] it seemed very appropriate that the Brontë Parsonage Museum should get involved. Local photographer and filmmaker Simon Warner has been photographing this unique landscape from his base in Stanbury since the 1970s, and was commissioned as our artist in residence to create new work for exhibition at the Brontë Parsonage Museum. The resulting show, *Ways to the stone house*, opens on 28 September until 3 December 2012.

Where in the Aire Valley? COMPETITION

Can you identify the building or landmark indicated by the red cross in this photograph?

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The Heart of East Morton's Lively Community

Call it what you like – the village hall, the institute – or to be correct “East Morton’s War Memorial Institute” – this could be the busiest public space in the country. The schedule is packed through the week with regular classes in art, craft, music & exercise, and is home to many groups and clubs like its busy toddlers and mums, WI and Brownies. Every weekend sees balloons and banners raised over its door to welcome guests to children’s birthday parties, christenings, anniversaries and even wedding celebrations. On top of all this there is still time to cram in events arranged to appeal to all sections of the community from live theatre, bingo, wine tasting, or charity sales. To top all this off the doors are open every Thursday afternoon for everyone to enjoy homemade cake, tea

and coffee at the “Morton Meet” where young and old mix and make new friends.

East Morton’s busy community doesn’t just centre round the institute, the Busfeild Arms pub has been transformed by new owners and “Morton in Bloom” fill with village with beautiful colour all year round, winning Silver Gilt again in this year’s Yorkshire in Bloom. East Morton’s Village Society oversees the general upkeep of village’s public spaces and lobbies on local issues, funded by the village lottery and sales of village Christmas card. The “Feast Morton” group have planted a community orchard and the school and church, and chapel are active in village life. There is even an “East Morton” facebook page!



East Morton War Memorial Institute - Regular bookings

	08.00	10.00	11.00	13.00	14.00	15.00	16.00	17.00	18.00	19.00	20.00	21.00
Monday		Art Class						Rainbows	Brownies			
Tuesday		Toddler Group		Yoga						KeepFit/WI		
Wednesday		Pilates		Pre-school Music ***			Dance Class		Yoga			
Thursday		Art Class			Morton Meet				Knitter Knatter	Relaxation		
Friday		Toddler Group	Zumba									
Rainbows		Katrina Bastow	07866 900792					Mon 17:00 - 18:15				
Art Class		Karen Redhead	01274 560279					Mon & thu 10-12:00				
Brownies		Dianne Knottingham	01535 656377					Mon 18:30 - 20:00				
Yoga		Pat Overend	01535 661638					Tues 13:00 - 15:00				
Keep Fit		Gill Clarke	01274 566504					Tues 19:30 - 20:30				
Toddlers Tues		Vicky Smith / Caroline Symes	07578 038136 & 07810 713271					Tues 9:30 - 11:30				
Pilates		Liz Walker	07989 378757					Wed 9:30 - 10:30				
WI		Yvonne Todd	01274 561366			Every 2nd Tues		Tues 19:30 - 22:00				
Yoga		Barbara Martin	01535 665910					Wed 19:00 - 20:30				
Dance		Jennifer Craven	07792 523719					Wed 16:00 - 18:00				
Morton Meet		Rhona Emmott	01274 551067					Thurs 14:00 - 16:00				
Knitter Knatter		Katie of Cygnet Yarns	01274 743374			Back meeting room		Thurs 19:00 - 20:30				
Relaxation		Sabina	07791 328853					Thurs 20:30 - 21:30				
Toddlers Friday		Ali Stevens	01535 606649					Fri 10:00 - 11:30				
Friday Zumba		Dayne Whitaker	07775 523987					Friday 12:00 - 13:00				
Pre-school music		Lynne O'Malley	07789 895894			***Starting 26 Sept 2012		Wed 13:30 - 14:10				

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Contact details - Karen Redhead - Tel: 560279 - Email: karen@mortonvillage.org.uk

Gateway Business Network

www.gatewaybusinessnetwork.org

You are cordially invited to the first meeting of the Gateway Business Network, a new networking forum for businesses in the Sliden, Kelghley, Skipton, and Ilkley areas.

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- Free tea and coffee

Please book in advance as places are limited. Call Jill Beumont on 01535 657786 or 07956 111195 or email info@gatewaybusinessnetwork.org

Date: Thursday 18th October 3 – 5 p.m.
Venue: The King’s Arms, 9 Bolton Rd, Sliden

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I am a university drop-out!

I am a university drop-out and, as strange as it sounds, I'm actually quite proud of it. Like many young people, I became swept

up in our secondary education system's efforts to send as many pupils to university as possible, but after one year of study at a prestigious Russell Group university, I simply didn't feel like I was getting my moneys worth. After looking at the facts I've decided that I don't feel like I need a degree to pursue my goals and dreams, so to spend £50,000 and 4 years of my life studying for one wouldn't really make much sense.

I don't want to suggest that a university education isn't valuable, I just feel that other options can be just as valuable for many young people. Sure, the world needs highly educated professionals like doctors, lawyers and scientists, but it also needs craftsmen, entrepreneurs, labourers, salesmen, beauticians, actors and artists. If you want to work in a more practical profession, then why spend 3 or 4 years taking exams if you could learn much faster by just doing in 'real life'? Work experience, apprenticeships and internships can all be very useful tools for getting a foot in the door and learning new skills. It feels like the 'just get stuck in' attitude is somewhat overlooked, and there seems to be a consensus between many young people that if you get a degree, you'll be guaranteed a good job.

If this is the case then why do recent estimates from the Office of National Statistics show that 80% of graduates don't even end up working within a role that is related to their degree, of which 36% are working in a 'lower skilled job', and 20% are unemployed altogether. While a poor economy is partly to blame for these statistics, a huge over-supply of graduates must also be taken into account.

On average, for each graduate post available there

are 52 applicants chasing after it, and in competitive industries such as retail there are 150 applicants per graduate post. I think young people now have the task of finding new ways to shine out from the crowd. Employers are looking for dedicated hard workers who have skills and experience that could benefit their organisation. If you can do a work placement, learn a language, read up on a certain topic or volunteer with a charity then you are adding to your knowledge and are showing that you are self motivated and pro-active.

If you know what you want to do and getting a degree in a certain subject will help you achieve it, then by all means go for it. I'm just saying that I can't be the only 18 year old who went off to university because I wasn't sure what my goals were or what I wanted to do with my life. Going to university for the sake of it is a luxury we can't afford anymore, with university fees rising to £9000 per year and students finishing their degrees with up to £50,000 debt. I'd say now is the time more than ever for students to think 'is a university education really right for me?' and not be afraid to do something different and forge their own unique path.

As for me; I've decided to work at my entrepreneurial skills and start my own business. There is a lot of support for young people doing this, most recently the Startup Loans project: a government-backed scheme which provides under 25s with loans to encourage enterprise in the UK. You can go to www.startupbritain.co/ for more information if you're interested. The other thing to remember is that if you do reach a point in your life when you need or want to study for a degree then you absolutely can.

Never say never, right? I personally believe that I could go back to university in the future, but it will be after much more thought and consideration than I put in the first time around.

by Lauren B (19 yrs old)

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Thurs Oct 11 until Oct 13th

Oktoberfest @ Church Green Address: Church St, Keighley, Celebrate Oktoberfest with a 3-day Continental Market in Keighley Town Centre, Church Green. On Saturday afternoon there will also be street entertainment from: The Urban Gypsies Belly Dancers Morris Dancers Fire Eater Magician Street Bands Face Painting Contact: KTC on 01274 618252

Fri 12th Oct Quiz Night at East Morton Memorial Institute - contact Rhona 01274 551067 for further information

Thurs 18th Oct 3pm until 5pm

Gateway Business Network - New opportunity for low cost business networking for businesses in Silsden, Keighley, Skipton & Ilkley areas. At the Kings Arms, Bolton Road, Silsden. Cost £10 per head [payable on day] which includes refreshments. Please book in advance. Contact Jilly Beaumont on

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Sat 20th Oct Keighley Amateurs present **Happy Days** - The New Musical @ Keighley Victoria Hall Start Time: 19:15 pm End Time: 21:45 pm
Sat 20th Oct East Morton Apple Day - contact Rhona 01274 551067

Sun 21st Oct Scrap & Doodle scrapbook club - East Morton Memorial Institute contact Rhona 01274 551067

Sun 21st Oct St Ives Equestrian Centre, Harden Road, Bingley - 12 noon - Western Demo, Riding Display, Fancy Dress Competition, Horse Shoe Throwing, Lasooing, Western Pony rides, raffle, prizes & much more. £5 for adults £3 for children under 16 years old. More info call 01274 561893

Sat 27th Oct Art exhibition 10am-4pm at **East Morton Memorial Institute** tea & cakes available, Children Craft Table. Call Rhona 01274 551067 for more info

Mon 22nd Oct - Sat 27th Gone Up In Smoke by Georgina Reid (A Thriller) Full Of Surprises For Everyone! Set on Guy Fawkes Night, this thriller has all the fireworks for an evening to light up the night sky. The victim is substituted for the guy and there the twists and turns begin. Bonfire night will never be the same again once you witness this

mystery. more **Keighley Playhouse**, Devonshire St, Keighley West Yorkshire BD21 2BH

Weds 24th Oct East Riddlesden Hall 1.30 pm until 2.30 pm also **Sat 27th Oct** 11am - 12pm & 1pm until 2pm **Greener Gardening** - An Easy Walk Come and learn about how our garden grows with our head gardener, Jill Saunders. Jill will take you on a walk through our gardens, explaining how we keep it all going throughout the year. More Information: Shelley Hollingdrake, 01535 683806, shelley.hollingdrake@nationaltrust.org.uk

Weds 24th Oct Keighley Astronomical Society at 6.30 pm. Held at the **Star Centre** within the Keighley campus of Leeds city college, Bradford Road, Keighley. For further details contact Dominic Curran on 07976 632989

Sat 27th Oct 10am until 4 pm **Art Exhibition at East Morton Memorial Institute** - tea & cakes being served, Childrens Craft Table - for further info contact Rhona 01274 551067

Sat 27th Oct until Sun 4th Nov East Riddlesden Hall Halloween Trail and Spooky Crafts Week Ghostly self led garden trail and themed arts and crafts activities including making an eerie leaf wreath, pasta skeletons and egg box bats. Craft activity will vary

daily. Kids in fancy dress go free when accompanied by a paying adult.

Sat 27 Oct Halloween Ball with Pauline & Darrell Tickets will be on sale from 22 September 12 From The Leisure Centre, Keighley. Telephone Louise on 01535 681763 ext 708

Mon Oct 29th 7:30pm Exley Head Chapel. Joanna Morissey talk entitled 'Holiday Treasures'. Joanna has travelled extensively; this will be an interesting meeting!.£1.50 to cover the cost of tea and biscuits.

Wed 31st Oct Childrens Halloween Party at East Morton Memorial Institute - contact Rhona 01274 551067

Sat Nov 3rd Antiques and Collectors Fair to be held at **The Octagon**, Bradford Road, Sandbeds, Keighley BD20 5LY (on B6265 between the Airedale Heifer public house and The Dalesway/Premier Inn). Doors open 10am to 4pm . approx. 50 stalls... car park ... level unloading ... disabled access ... excellent cafe bar on site Entrance fee: £1.00 per person (children under 16yrs free).

Sat 3rd Nov Bonfire at Myrtle Park Bingley. Fire lighting at 7 pm with fireworks at 7.30pm. £5 per person (under 3's free)

Sat 3rd Nov 6pm KDMES Bonfire Party at Marley Railway - Marley Sports Ground Keighley. Tickets to be purchased in advance which include bonfire, unlimited rides on trains & Pie & Peas. See www.kdmes.org.uk.

Fri 23rd Nov & Sat 24th Nov Keighley Scouts Gang Show 2012. Victoria Hall Keighley. Tickets from £5 - book on line at www.keighleyscouts.amateurboxoffice.co.uk or email gangshow@keighleyscouts.org.uk.

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Exley Head Ladies Circle Round Up (Sometimes it's not just for ladies!)

Exley Head Ladies Circle is an active ladies group connected to the chapel. We meet once a fortnight through the winter months with subjects to interest everyone.

Our next meeting, **which is open to everyone, yes even men**, is on the 16th October 7.30pm when Michelle Horton gives a talk on the History of Buttons after the 19th century. (She came 2 years ago and gave a history of buttons up to to the 19th century.) This is, in effect, part two and follows the history to the present day. This talk is about the way buttons were made and the new materials available and the ups and downs of the button making business. Ladies buttons became fashionable in the 19th cent. previously it was a male prerogative and only for those who were very wealthy. Michelle has quite a collection of buttons and will bring many examples for all to look at. The cost is £2 to include refreshments. Don't miss this, it will be fascinating!

Our other activities include supporting our local amateur musical, the occasional out meeting, (we are having a trip round the Keighley Civic Centre) and a traditional Christmas Party with games, food and Christmas Carols.

Next year we are holding our annual Fashion Show, with 'in house models' and a concert by the Ritardandos, a local men's group who provide a relaxed evening of humour, music and monologues.

Any money we raise goes to the upkeep of the church to enable us to carry on meeting and enjoying ourselves but we do contribute to various charities through the year.

Another meeting which is covered in the community pages of this magazine is Joanna Morissey and her talk is entitled 'Holiday Treasures' Joanna has travelled extensively. This is on 29th October at 7.30pm We charge £1.50 to cover the cost of tea and biscuits.

A recent activity of the church, with the aim of engaging the wider community, is 'Messy Church'. This is for primary aged children with parent/carer. There are lots of messy arts and crafts, games and songs on a biblical theme/story followed by a meal for the children. 20 children regularly attend with a parent or carer and get stuck in!

Continuing on the theme of "messy" ... is "Messy Mums" a relaxed meeting held in the evening without the children so mums can enjoy a supper together and chat over making something attractive to take home.

Every Wednesday morning 10.30 to 12 noon (excluding Christmas and August) there is a friendly coffee morning with lots of chat with home made cakes/scones etc. A library is also on offer with a great variety of books.

The church is used for a number of groups on different evenings.

For more information or to book the space contact: Lorraine Copperwaite 01535 523142.

Olympic style efforts achieve astounding success

Hundreds of cancer survivors and supporters enjoyed a spot of late summer sunshine during a record-breaking round-the-clock charity event late September. The "Relay For Life", which was organised by Skipton-based Ribble Valley and White Rose Ladies, raised £132,500 for Cancer Research UK, smashing last year's relay total by £22,000.

Cancer patients and survivors joined family, friends and local businesses to walk for twenty four hours round a specially created track in the grounds of Skipton's historic Broughton Hall Estate.

The relay was formally opened by the Lord Lieutenant of North Yorkshire, Lord Crathorne. Eight year old Paralympic torch bearer Evan Whitton from Silsden was also there to take part in the opening ceremony.

Local town crier Roland Hailwood acted as MC throughout the round-the-clock proceedings, which included keep fit classes, dance, live entertainment and an emotional flame of hope ceremony, illuminated by five hundred candle bags made and decorated by local school children.

Now in its third year, the event was attended by cancer survivors whose ages spanned eight decades. Fourteen year old Zack Driver donned fancy dress for the occasion, while the oldest survivor there, eighty-one-year-old Frank Smith led survivors in a lap of honour to kick-start the marathon relay.

Ribble Valley and White Rose Ladies was set up in 1998 to raise



Evan Whitton of Silsden with mum Lynda, MC Roland Hailwood, Lord Crathorne and members of the Ribble Valley & White Rose Ladies.

money for research into childhood cancer by Skipton hotelier, Karen Weaving. Since then the all-female fundraising force have raised £900,000 for the charity.

Karen, who runs Skipton's Rendezvous Hotel with husband Malcolm, said,

"The glorious sunshine helped to get proceedings off to a great start. Spirits remained high into the evening and right through the night, thanks to the hundreds of dedicated supporters who took part."

The group organise fundraising events throughout the year. For more information visit www.ribbonvalleyandwhiteroseladies.co.uk or contact Karen Weaving on 01756 700100.

Supporters in fancy dress get into the relay spirit



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2	5	7	9	6	8	1	4	3
4	6	1	5	2	3	7	9	8
9	8	4	2	7	5	3	1	6
5	1	6	4	3	9	8	7	2
7	2	3	6	8	1	9	5	4

2	3	7	1	4	8	5	6	9
9	4	5	7	3	6	1	2	8
6	8	1	9	2	5	3	4	7
3	1	6	2	8	4	7	9	5
7	5	4	6	9	1	2	8	3
8	2	9	3	5	7	4	1	6
1	9	8	5	7	2	6	3	4
4	7	2	8	6	3	9	5	1
5	6	3	4	1	9	8	7	2

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Washing Line

by Joanna M Weston

Washing Lines, A collection of poems selected by Janie Hextall and Barbara McNaught, is a delightful book available in that equally delightful shop: The Imaginarium Gallery, 74 Main Street, Haworth. Born of a shared love of washing lines and poetry, the subject of this anthology is laundry and washing, reflecting many human emotions to do with family, relationships and memory.

clothes catch
on branches
of the apple tree
touch hems
with pale blossom
and fray petals
that drift down
loosed by your white shirt
to make stars on grass..

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*Penne Pasta served with a Tomato Veloute
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